

# AVA November/December Training Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
15	16	17	18	19	20	21
			15's-18's VV 7:00 OPEN GYM	15's-18's VV 7:00 OPEN GYM		15's-18's Tryouts
22	23	24	25	26	27	28
				Happy Turkey Day		
29	30	1	2	3	4	5
	All Teams Signing Party 7:00 @ VV	15's-18's VV 7:00	12's-14's VV 7:00	15's-18's VV 7:00		
6	7	8	9	10	11	12
	12's-14's VV 7:00	15's-18's VV 7:00	12's-14's VV 7:00	15's-18's VV 7:00		
13	14	15	16	17	18	19
	12's-14's VV 7:00	15's-18's VV 7:00				

## Training Sites

VV = Vista Verde Middle School

PV = Paradise Valley High School Small Gym

S = Shea Middle School

## Training Times

12's – 1 ½ hours

All other teams – 2 hours